



SOUTHWEST ALLERGY AND ASTHMA CENTER, P.A.

ADULT & PEDIATRIC ALLERGY & ASTHMA

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Instructions for patients who will be skin tested.

The following is a sample of medications that should be discontinued prior to skin testing:

48 hours

GE REFLUX: PEPCID, TAGAMENT, ZANTAC

3 DAYS

ACTIFIED
ALLEREST
BENADRYL

CHLORPENIRAMINE
DIMETANE
DIMETAPP

DRAMAMINE
NYQUIL
TYLENOL ALLERGY
TYLENOL SINUS/PM

7 DAYS

ASTELIN NASAL SP
ASTEPRO
BENDECTIN
BROMPHENIRAMINE
CARBINOXIMINE
CLISTIN
CO-PYRONIL
CYCLINZINE
CYPROHEPTADINE (PERIACTIN)
DECONGESTANT SR
DEXBROMPHENIRAMINE
DIMENHYDRINATE
DRIXORAL
DUMISTA (NASAL SPRAY)
MAEZINE
MECLIZINE (ANTIVERT)

METHAPYRILENE
OPTIMINE
ORNADE
PALGIC
PATANASE
PERIACTIN
PHENERGAN
PROMETHAZINE
ROBITUSSIN AF
RONDEC
RYNATAN
SEMPREX D
SINGULAIR 4 MG
SINGULAIR 5 MG

SINGULAIR 10 MG
TAVIST
TAVIST D
TEMARIN
TRIAMINIC
TRIAMINICIN
TRIMAPRAZINE
TRINALIN
TRIPLENNAMIN
TRITEN
ZYCAM NASAL SPRAY

EYE DROPS: BEPREVE, ELESTAT, LIVOSTIN, OPHCON A, OPTIVAR, PATADAY, PATANOL, VISINE ALLERGY, ZADITOR, LASTACFT

14 DAYS

ALAVERT
ALLEGRA (FEXOFENODINE)
ALLEGRA D
ALLEGRA 12 HR
ALLEGRA 24 HR

ALLEGRA 60 MG
ALLEGRA 180 MG
ATARAX(HYDROXYZINE)
CLARINEX

CLARITIN(LORATADINE)
ZYRTEC(CETIRIZINE)
ZYRTEC D
XYZAL

3 WEEKS

AMITRIPTYLLINE
DOXEPIN

ELAVIL
IMIPRAMINE

PAMELOR

You may continue to use nasal steroids:

NASONEX, NASACORT, FLONASE, FLUTICASONE, OMNARIS, RHINOCORT, VERAMYST. ZETONNA, QNASL.

Patients on Beta Blockers cannot be skin tested, even eye drop Beta Blockers.

Patients who are currently on asthma medications should continue on their prescribed medications as indicated by their doctor.

CALL OUR OFFICE IF YOU HAVE ANY QUESTIONS REGARDING SKIN TESTING OR IF YOU HAVE QUESTIONS ABOUT THE MEDICATIONS THAT YOU ARE CURRENTLY TAKING.